



# COVID-19



## SOCIAL GATHERING GUIDANCE PAUSE TO SAVE LIVES

Socializing with family or friends may feel safe, but it is risky – especially with COVID everywhere in Michigan today. It's best to only get together outside. If you must gather indoors, you may only see one other household at a time.

### To reduce risk, follow these guidelines:

**Pick only one other household to see over the next three weeks.** Even better, form a consistent **social pod**.

**Choose a household that is also being careful.** If anyone in either group feels sick, postpone the gathering.

**Limit duration indoors.** The longer the visit, the greater the risk.

### Follow these rules as much as possible:



Wear a mask – only take it off when you eat or drink, then put it back on.



Stay six feet apart.



Keep voices down and avoid shouting or cheering.



Do not share utensils.

**After a gathering, monitor yourself for symptoms of COVID-19. If anyone in the group feels sick, get tested.**